FOR WAYS AND MEANS INTERNAL RECORDS ONLY

House Member Appropriation Request Form

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Thriving Communities - Health

Community health impacts everything- educational achievement, safety and crime, people's ability to work and be financially stable, life expectancy, happiness and more. The level of wellness impacts every other facet of life, from a child's ability to learn to an adult's ability to work thus making one's overall health critical for education and financial well-being.

Community Profile

The 29203 area is comprised of approximately 25 neighborhoods associations - Mostly established single-family neighborhoods. The racial composition on the community within the 29203 zip: - 81.5% Black, the median income for household is \$30,333 - A figure that is below the county and state.

The level of education is a major factor in the employment and income levels.

Many diseases – including diabetes, cardiovascular disease, HIV/AIDS, and certain types of cancer – strike and kill minorities at higher rates than their white counterparts. African Americans are more likely than any other racial or ethnic group to die from heart disease. The 29203-zip code has the highest diabetes related amputation rate in the country, *

Program

The Wiley Kennedy Foundation's Thriving Community Health Initiative (TCHI) was designed to address these disparities via education, counseling, local resources, partnerships and programs. TCHI is a network of education programs, mental and physical health services, substance abuse counseling, and health care navigators to walk participants through the healthcare system.

Elements

- Program/Strategic Development Our efforts to continually develop new strategies and evaluate existing initiatives to identify which type of services and community engagement is most appropriate and best aligns with the community's needs
- > Partnerships DHEC, SC Thrives, Southeast Diabetes Faith Initiative, Churches, and more
- Promotion and Communications Efforts Evaluate effectiveness of chosen community engagement practice. Utilizing communication channels for outreach and subsequent community involvement: information sharing, mobilization efforts, and resource allocation
- Assessment of outcomes and impact- Evaluate effectiveness of chosen community engagement practices
- Assess current community engagement practices along the continuum. Identify strengths and gaps within current community engagement practices

Program Activities

- Health Navigator Manages intake and directs participants to appropriate services
- Virtual Clinic Weekly Clinic, available for medical care
- Exercise
 - Aerobics
 - Stretch and Flex Classes

Program Activities (cont'd)

- Nutrition and Weight Management Classes
 - Cooking and Preparation
- > Individual Weight Loss Counseling and Physical Assessment
- > Recovery in Action Substance abuse sessions for teen/young adults and families (weekly and individual counseling)
- Each month a seminar on current health focus (i.e. Feb Heart Awareness, May Alzheimers Disease and HIV, etc.

Budget

The budget will cover:

- Space Rental
- Staffing
 - Navigators
 - Administration
- Seminar speaker
- Seminar items and supplies
- Advertising Materials
 - Art Direction
 - Printing
 - Social Media
 - Etc.
- > Administrative Overhead
- > Travel for program participants